

ABSTRACT OF THE DISCLOSURE

The invention provides energy-saving housing wherein the indoor temperature condition can be made comfortable throughout the year by a small amount of energy by suppressing loads on cooling and heating devices, and high airtightness and high heat insulation performance can be maintained for a long period of time so that durability is excellent. The energy-saving housing comprises wall parts provided with inner walling made from an inorganic material and heat insulators made from an organic foamed material, a ceiling part provided with inner walling made from an inorganic material, heat insulators made from an organic foamed material at the ceiling part or roof part, and a floor heating device provided at least at the floor part of the lower floor, and has an equivalent clearance area of $0.3 \text{ cm}^2/\text{m}^2$ through $0.6 \text{ cm}^2/\text{m}^2$.

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